# Northern Croquet Academy, York Course Programme 2023

## Summary

Dates 2023	Course	<b>Course Leader</b>	Cost
Sun 16 April	AC Power up your coaching skills!	Roger Staples	£35
Tues 18 April	AC/GC One-to-One coaching with Cliff Jones	Cliff Jones	POA
Wed-Thur 19-20 April	GC Become a qualified GC Referee	Cliff Jones	£65*
Wed-Thur 19-20 April	GC So you think you know the Rules of GC?	Cliff Jones	£30
Sat 22 April	GC Strokes and strategy for developing GC players	Cliff Jones	£35
Sun 23 April	AC Strokes and strategy for developing AC players	Cliff Jones	£35
Weds 10 May	AC/GC Back to basics	Alan Locket	£35
Sat 13 May	GC Classic Golf Croquet skills and tactics	John Crossland	£35
Sun 14 May	GC Golf Croquet skills and tactics in practice	John Crossland	£35
Weds 17 May	AC Move your AC to the next level	Mary Knapp	£35
Sat-Sun 20-21 May	AC/GC Become a CA Club-Level Coach	James Hawkins	£65*
Tues 23 May	AC Break building with bisques	John Harris	£35
Tues 13 June	GC/AC Learn Short Croquet in one day	John Harris	£35
* A subsidy may be available for this course from the CA. Some Federations may be able to offer additional support.			

# In detail

## Power up your coaching skills! - Sunday 16 April 2023

Good coaches are at the heart of the development of croquet, and this one-day workshop is for experienced AC coaches wanting to refresh and improve their skills by exploring successful ways of coaching individuals and groups which they can then include in their own practice. As well as updates on the Laws, safeguarding, and other developments, the day will cover ideas in using visual aids in croquet coaching, group management and delivery skills, and different approaches to coaching common topics. There will be plenty of opportunity to share ideas and learn from others.

Cost: £35. Course code PC. Course leader: Roger Staples

### One-to-One coaching with Cliff Jones - Tuesday 18 April 2023

Start the season with an hour of individual tuition with Cliff, one of the foremost croquet coaches in the country. Use the time to work on any aspect or aspects of croquet technique, mindset or strategy that you choose. This is open to both AC and GC players. Please contact the Course Secretary to discuss timings and costs.

Cost: POA. Course code C1. Coach: Cliff Jones

## Become a qualified GC Referee - Wed-Thurs 19-20 April 2023

Referees make an important contribution to the game; becoming a CA qualified referee requires commitment and a thorough and secure understanding of the GC Rules. Participants will be sent some preliminary material to study. The course then runs concurrently with *So You Think You Know the Rules of GC*, which finishes at lunchtime on the Thursday. The final half day is devoted to assessment time for the referee qualification – both indoors (written) and outdoors (practical decision-making). A subsidy of £25 per person may be available for CA members: please discuss with the Course Secretary. Some Federations may also offer further support.

Cost: £65. Course code GCR. Course leader: Cliff Jones

## So you think you know the Rules of GC? - Wed-Thurs 19-20 April 2023

Being clear about some of the trickier aspects of the Rules is an essential foundation for secure play. This one-and-a-half day briefing should appeal to GC coaches, but also more widely to club committee members and GC players with a sound working knowledge of the GC Rules. The course runs concurrently with *Become a Qualified GC Referee*, finishing at lunchtime on the Thursday to allow assessment time for those continuing to the referee qualification.

Cost: £30. Course code RGC. Course leader: Cliff Jones

## Strokes and strategy for developing GC players – Saturday 22 April 2023

At the heart of successful croquet is identifying the best move in a given situation, then knowing precisely what to do to achieve accurate results with every shot. The day looks in close detail at exactly how to do it: each part of each shot is looked at closely and reinforced with detailed guidance and 'how to' checklists. This practical one-day course is aimed at players with GC handicaps between 4 and 9; players outside this range may also be considered. Develop your confidence, improve your consistency and move your GC play to the next level! A PDF of a comprehensive Handbook by Cliff is included; printed copies will be available to purchase on the day at cost price.

Cost: £35. Course code SSG. Course leader: Cliff Jones

## Strokes and strategy for developing AC players – Sunday 23 April 2023

This one-day course is aimed at AC players with handicaps in the 9-14 range; players outside this range may be considered on merit. The course will reflect the needs of the group, but will be designed to help you promote your play to the next level by evaluating possible moves in common situations, knowing which shot to play to achieve it, and, through Cliff's tried and tested 'how to' checklists, developing the consistency needed for success. There will be ample opportunity to put into practice what is being covered and for individual help, guidance and support. A PDF of a comprehensive Handbook by Cliff is included; printed copies will be available to purchase on the day at cost price.

Cost: £35. Course code SSA. Course leader: Cliff Jones

## Back to basics - Wednesday 10 May 2023

Getting the basics right can make all the difference to your game. This practical one-day course is designed to help you understand the principles of a good stance and grip, how to play roquets or clearing shots, and how exactly to master hoop running. AC and GC players will then be coached separately in shots specific to each game. The day will be largely outdoors and will offer plenty of opportunity to put principles into practice. The day is for both AC and GC players and is for players of all abilities. Get your technique right and start being a winner!

Cost: £35. Course code BB. Course leader: Alan Locket

#### Classic Golf Croquet skills and tactics — Saturday 13 May 2023

This one-day course is for high-handicap and higher-handicap Golf Croquet players around the handicap 10-16 range who want to develop their understanding of the basic tactical moves; would like to know how to play accurate clearances, jump shots and so on; and want to run hoops successfully. The day will look at the classic tactical shots, the skills required, and principles of tactical play, while also moving towards some of the more advanced aspects of play.

Cost: £35. Course code CS. Course leader: John Crossland

## Golf Croquet skills and tactics in practice – Sunday 14 May 2023

This course complements the course on 13 May and, similarly, is for high-handicap and higher-handicap GC players around the handicap 10-16 range. The day will centre around a series of coached games, with players grouped by handicap and with coaches taking opportunities during play to discuss technique, tactics and available options in situations arising in each game. You should be familiar with basic technique and classic tactical moves such as clearing, blocking and promoting, and now would like to develop your understanding of how these and other moves can best be put to work in practice.

Cost: £35. Course code GS. Course leader: John Crossland

## Move your AC to the next level - Wednesday 17 May

This one-day course is for players with handicaps around the range of 6-12 who are looking to consolidate their game and be ready for Advanced play. The day will explore the special characteristics of Advanced play and its implications for tactics, and look in detail at a standard Advanced leave and the moves needed to achieve it. More generally, it will also look at techniques applicable to both Advanced and standard play such as using corner cannons to advantage, digging a ball out of a corner, and ways of sustaining a three-ball break. The course should appeal whether or not you plan to proceed to Advanced play, and no experience of it is needed.

Cost: £35. Course code AC. Course leader: Mary Knapp

## Become a CA Club-Level Coach - Sat-Sun 20-21 May 2023

This two-day course, led by the author of 'Complete Croquet', is for both AC and GC players aiming to develop their coaching skills and seeking CA accreditation to coach within their own club. Coaches also find that coaching others can help them significantly develop their own game. To complete their qualification candidates go on to coach five sessions at their own Club. You are expected to have a working knowledge of the Laws of AC or the Rules of GC. A subsidy of £25 per person may be available for CA members: please discuss with the Course Secretary. Some Federations may also offer further support.

Cost: £65. Course code CC. Course leader: James Hawkins

## Break-building with bisques - Tuesday 23 May 2023

Playing good breaks, and using bisques wisely, are central to winning games. This one-day course is for higher-handicap AC players familiar with basic technique who are now looking to play more sustained breaks and understand how to make best use of their bisques to do it. The day will include when and how to invest bisques to set up a break; bisque budgeting; identifying break opportunities and capitalising on them; and understanding where best to place balls to create a break and sustain it. Every opportunity will be taken to discuss how best to put what is being covered into practice on the lawn.

Cost: £35. Course code BRB. Course leaders: John Harris and Dave Hudson

#### Learn Short Croquet in one day - Tuesday 13 June 2023

This one-day course is open to players of both codes, but should appeal particularly to GC players who want their skills to give them a head start in Association Croquet. It is also for coaches looking for a straightforward way of introducing this accessible version of AC into their own clubs. The day covers distinctive aspects of the AC game including croquet shots and building a break; it offers a full introduction to Association Croquet and aims to help participants play with understanding and pleasure. The day will include guidance on how the skills of AC can be easily learned, a supported game, and plenty of opportunity for individual help and guidance.

Cost: £35. Course code SC. Course leaders: John Harris and Dave Hudson

# How to apply

#### To find out more, check availability or reserve a place

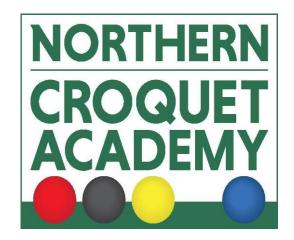
please either email Debbie James, Course Secretary, at <u>northerncroquetacademy@gmail.com</u> or ring her on 0777 277 8232.

## When making a booking

Please ensure the Academy has your name, phone number, email address, postal address, home croquet club, and handicap (AC or GC as appropriate)

#### To confirm a booking

Please pay by bank transfer to Northern Croquet Academy, Barclays Bank, sort code 20-45-45, account number 1003 8008, tagged with the course code/s and your name.



If you are unable to pay by bank transfer, please contact the Course Secretary for further details.

**Course booklets** are offered with all one-day or two-day Northern Academy courses

www.northerncroquetacademy.org