

USING THE DEFIBRILLATOR

1. If someone is in cardiac arrest, **call 999** and **start CPR**. **Ask someone** to fetch the defibrillator.
2. Press the green **ON** button and follow the spoken instructions.
3. **Remove** the person's clothing above the waist.
4. **Peel off** the sticky pads and **attach** them to the person's bare skin. **Put** one pad on each side of the chest as shown in the picture on the defibrillator.
5. Once you have attached the pads, **stop CPR** and **do not** touch the person. The defibrillator will check the person's heart rhythm.
6. The defibrillator will decide whether a shock is needed. If so, it will tell you to **press** the shock button. **DO NOT** touch the person while they're being shocked.
7. The defibrillator will tell you when the shock has been given and whether you need to continue CPR.
8. If it tells you to continue to do CPR, **continue** with chest compressions until the person shows signs of life or the defibrillator tells you to stop so it can analyse the heartbeat again.